Addressing issues such as:

- Management of cognitive decline of a PD patient,
- Stressors of an unpredictable PD progression,
- Medicare and Medicaid benefits,
- PD patients’ advocacy in hospital settings,
- Finding quality homecare help, when required,
- Changes in relationships and issues with intimacy,
- Utility of relaxation techniques such as mindfulness meditation and yoga

This is an educational program series, designed specifically for caregivers of patients with Parkinson’s disease.

Dates, times, and locations will vary throughout the year.

Call or email for information/placement on the contact list:

Aaron Daley, MA
415-476-9276
Aaron.daley@ucsf.edu

Funded through a Parkinson’s Foundation- Moving Day Community Grant